

# Patients, Practitioners & Cultures of Care

Bridging Disciplines Programs allow you to earn an interdisciplinary certificate that integrates area requirements, electives, courses for your major, internships, and research experiences.

Patients, Practitioners & Cultures of Care offers a transdisciplinary curriculum to explore health, health care, healing, and social justice issues from a rich variety of humanistic perspectives. Students in the program learn about the global health system's diverse histories and cultural contexts, the role of narrative in experiences of illness and caring, the impact of the built environment on health and healing, and the challenges of remaining resilient and connected when providing care for others. Guided by an interdisciplinary faculty that includes practitioners and scholars in fields ranging from medicine and social work to literature and anthropology, among many others, Patients, Practitioners & Cultures of Care cultivates skills and orientations central to any humanistic practice of health care. These include empathy, ethical sensitivity, self-reflection, and self-care, as well as historical perspectives, cultural awareness, an engaged approach to health equity and health justice, and an understanding of health care as a human right and communal responsibility. Connecting Experiences extend students' learning beyond the classroom through research or internships with health clinics, community groups, or other civic institutions and spaces.

Upon completion of **19 credit hours** from the options listed to the right, you will earn a certificate in Patients, Practitioners & Cultures of Care.

The Patients, Practitioners & Cultures of Care BDP is overseen by a panel of faculty members from across campus. Members include Stephen Sonnenberg (Social Work and Medical School), Dean Almy (Architecture), Joshua Barbour (Communication Studies), Phil Barrish (English), Virginia Brown (Medical School), Elizabeth Danze (Architecture), Lesley Dean-Jones (Classics), Tracie Harrison (Nursing), John Hoberman (Germanic Studies), Julie Minich (Mexican American and Latino/a Studies, English), Abena Dove Osseo-Asare (History), James Pennebaker (Psychology), Joy Penticuff (Nursing), Farya Phillips (Social Work), Kathryn Pouders (Advertising and Public Relations), David Ring (Medical School), Martha Selby (Asian Studies), Sara Simons (Theatre and Dance), Debra Sparks (Social Work), Pauline Strong (Anthropology), Samantha Symons (Medical School), Sigrid Tristan (Medical School), and Veronica Young (Pharmacy).

The Bridging Disciplines Programs offer interdisciplinary certificates in the following areas:

Children & Society	Human Rights & Social Justice
Conflict Resolution & Peace Studies	Innovation, Creativity & Entrepreneurship
Design Strategies	Museum Studies
Digital Arts & Media	Patients, Practitioners & Cultures of Care
Environment & Sustainability	Public Policy
Ethics & Leadership in Business	Smart Cities
Ethics & Leadership in Health Care	Social Entrepreneurship & Non-profits
Ethics & Leadership in Law, Politics & Government	Social Inequality, Health & Policy

For more information about the Bridging Disciplines Programs, visit FAC 338, go to [www.utexas.edu/ugs/bdp](http://www.utexas.edu/ugs/bdp), or call (512) 232-7564.

Follow us on instagram: @ut\_bdp

## Foundation Courses (4-7 Credit Hours)

Foundation courses introduce key methodologies and issues related to Patients, Practitioners & Cultures of Care. **Choose ONE course from the "Forum Seminar" category, and ONE or TWO courses from the "Other Foundation Courses" category.** If you choose to complete two courses from the "Other Foundation Courses" category, you will complete only 6 credit hours of Strand Courses.

### I. Forum Seminar

BDP 101: Patients, Practitioners & Cultures of Care

### III. Other Foundation Courses

AHC 330: Great Works in Medicine - H  
ANT 324L: Culture and Health - H  
ARC 327R: Inside, Outside, Hlth Envrnmnt  
BDP 329: Race & Medicine in American Life - H  
CMS 330P: Communicating with Patients  
E 324: Literature and Medicine - H  
H S 340: Cancerland  
HIS 350R: Women in Sickness & Health - H  
HIS 366N: Global History of Disease - H  
LAH 350: Hlth Hlth Care Humanities-H

N 310: Comm in Health Care Settings  
N 371: Disability Over Life Course  
PHL 325J: Health and Justice - H  
PHL 325M: Medicine, Ethics, and Society - H  
S W 360K: Death Dying Practner Resilnce  
S W 360K: Narratives of Care  
SOC 308S: Intro to Health & Society  
SOC 322F: Mental Hlth in Social Context  
SOC 336D: Race, Class, and Health  
SOC 354K: Sociology of Health & Illness

## Connecting Experiences (6 Credit Hours)

Your BDP advisor can help you find internships and research opportunities that connect Patients, Practitioners & Cultures of Care to your major. We call these opportunities "Connecting Experiences" because they play such an important role in integrating your studies. Each Connecting Experience counts for 3 credit hours. **You will need to complete two Connecting Experiences.**

For more information, visit [www.utexas.edu/ugs/bdp](http://www.utexas.edu/ugs/bdp) and consult your BDP advisor.

## Strand Courses (6-9 Credit Hours)

In addition to your Foundation Courses and Connecting Experiences, you must complete 6-9 credit hours of approved strand courses, to bring your total credit hours toward the BDP certificate to 19 hours. You should work with your BDP advisor to choose strand courses that will focus your BDP on your specific interests, and that will provide you with an interdisciplinary perspective on your BDP topic.

In order to create an interdisciplinary experience, you must choose courses from a variety of disciplines. Individual course listings for these categories are located on the opposite side of this page.

## Integration Essay

In order to complete your BDP certificate, write a 3-4 page integration essay in which you reflect on what you learned and accomplished through your BDP experience. This essay is your opportunity to draw connections among your interdisciplinary BDP coursework, your Connecting Experiences, and your major. For additional guidelines, please consult your BDP advisor.

### **REQUIRED HEALTH AND HUMANITIES COURSE:**

All students in the Patients, Practitioners & Cultures of Care BDP must, as part of completing their certificate requirements, take at least one course designated as focusing on Health and Humanities (-H). Health and Humanities courses may satisfy Foundation Course or Strand Course requirements.

### **Strand Courses**

Complete 6-9 credit hours of strand courses drawn from the following categories. Please speak with your BDP advisor about your plan for fulfilling your strand course requirements. **Note that only one of your strand courses may come from your major department(s), or from courses cross-listed with your major department(s).**

### **Practitioners/Patients**

ADV 322: Hlth Comm: Mssgs Cmpgns Med  
ARC 327R: Inside, Outside, Health & the Environment  
CMS 330: Interpersonal Health Comm  
CMS 330P: Communicating with Patients  
CMS 367: Health Decision Making  
E 324: Literature and Medicine - H  
H S 340: 9-Valuing Mental Health  
HIS 350R: Women in Sickness & Health - H  
N 310: Comm in Health Care Settings  
S W 360K: Loss & Grief: Indiv/Fam Persp  
S W 360K: Narratives of Care

### **Forms of Wellness/Illness/Healing**

AMS 315: Drug History in the Americas - H  
ANS 340: Death Dying in South Asia-H  
ANT 324J: HIV Aids Activism Heal Arts-H  
ANT 324L: Culture and Health - H  
ART 355: Aesthetics Of Health  
C C 340: Food/Hlth/Cul Anct Mediterr - H  
C C 348: 14-Ancient Greek Medicine - H  
EDP 352K: Mindfulness Compassion Self  
EDP 376T: 3-Disability Culture in Educatn  
GRG 356: Children's Environmental Health  
GRG 356T: Human Health & the Environment

### **Forms of Wellness/Illness/Healing (Continued)**

H S 340: Cancerland  
HED 329K: Child, Adolescent, Adult Health  
HED 335: Theors of Substnc Use & Abuse  
HIS 350L: Medicine in African History - H  
HIS 364G: Hist Food Heal China Taiwan - H  
HIS 366N: Global History of Disease - H  
LAS 322: 17-Spanish Hlth Care Professns  
N 371: Disability over the Life Course  
NTR 331: Intl Ntr: Socl/Envir Policies  
PSY 341K: 4-Health Psychology  
PSY 364: Intro to Clinical Psych-WB  
S W 360K: Aging and Disability-WB  
S W 360K: Death Dyng Practner Resilnce  
S W 360K: Social Construction of Disability-WB  
S W 360K: Women with Disabilities-WB  
SOC 304: Society, Health & Happiness  
SOC 322F: Mental Hlth in Social Context  
SOC 354K: Sociology of Health & Illness

### **Ethics & Justice of Health & Health Care**

AHC 330: Great Works in Medicine - H  
BDP 329: Race and Medicine in American Life - H  
GRG 322D: Human Health & The Environment  
ECO 325K: Health Economics  
GOV 335M: Political Bioethics  
GOV 370V: The Politics of Health Care  
GRG 356: The Healthy, Livable City  
GSD 360: Gblizatn Coronavirus Pandemic  
H S 330: Health Care Policy in U.S.  
H S 341C: Comparative US Health Systems  
HED 365: Social Determinants of Health & Health Disparities  
HIS 322G: History of the Modern Life Sciences - H  
HIS 322S: Hist of Genetics Eugenics - H  
HIS 350L: Race, Science, and Racism - H  
LAH 350: Soc Ineq & Health In U.S.  
MAS 319: Latinx Health Disease Studs  
N 309: Global Health  
N 321: Ethics of Health Care  
PHL 325E: Biomedical Ethics-H

### **Ethics & Justice of Health & Health Care (Continued)**

PHL 325M: Medicine, Ethics, & Society-H  
PHL 325J: Health and Justice-H  
SOC 308S: Intro to Health & Society  
SOC 321G: Global Health Issues & Systems  
SOC 321K: Reproductive Justice & Race  
SOC 322J: Economic Sociology of Hlth  
SOC 336D: Race, Class, and Health

### **Important Notes on Fulfilling Your BDP Requirements**

- **UPPER-DIVISION COURSEWORK:** At least 12 credit hours of your 19-hour BDP certificate must come from upper-division coursework. Please consult your BDP advisor to ensure that your course and Connecting Experience selections will meet this requirement.
- **PREREQUISITES:** Some courses may have prerequisites. Please consult your BDP advisor to determine your eligibility for enrolling in specific courses.
- **CROSS-LISTINGS:** Note that many courses on this list may be cross-listed with other departments. You may take these courses under any of the cross-listed numbers. Please consult the course schedule or your BDP advisor for cross-listing information.
- **GRADES AND GPA REQUIREMENTS:** In courses taken for a letter grade, you must obtain a grade of C- or better to meet BDP requirements. The cumulative GPA of all courses counting toward your BDP certificate must be at least 2.0.
- **PASS/FAIL:** Only one BDP course, including connecting experience courses, may be taken pass/fail. Any exceptions will be considered by the faculty panel on an individual basis.
- **SIGNATURE COURSES:** Many of the First-Year Signature Courses (UGS 302 and UGS 303) that include significant content related to Patients, Practitioners & Cultures of Care may also count toward your certificate; please consult your BDP advisor for more information.
- **PETITIONS:** You may be able to count courses toward your BDP certificate that do not appear on this curriculum sheet, if enough of the course content relates to your BDP topic. Please consult your BDP advisor if you would like to petition for a course to count toward your BDP.